

P.O. Box 1407
368 College Street North
Durham, ON NOG1R0

durhamfoundation@sbghc.on.ca www.durhamfoundation.ca www.facebook.com/durhamfoundation





Building a Healthy Community

Durham & Community

Health Care Foundation

Who We Are

The Durham & Community Health Care Foundation is a registered charitable organization that raises funds from generous individuals, corporations and foundations for new equipment and upgraded facilities for the Durham Hospital- one site of the South Bruce Grey Health Centre.

Mission Statement

To enhance the quality of life for West Grey, Southgate and surrounding area residents by encouraging and supporting our caregivers and sourcing and contributing capital resources to healthcare programs and projects.

Vision

The vision of the Foundation is to be an active partner in the healthcare community by facilitating quality communication among stakeholder groups and building collaborative partnerships.

"What we have done for ourselves alone, dies with us.
What we have done for others and the world remains and is immortal."
~Albert Camus

Thank You To These Generous Corporations, Foundations And Several Donors

Municipality of West Grey Richard and Harriet Rooney Henry and Sandie Maldonado Larry Vollett Morley and Audrey Hammond Insurance Bureau of Canada Donald and Sue Tremble Yolanda Yott-VanKeekan Cindy, Owen and Evan Ledwith **Rexall Foundation** Township of Southgate Trillium Mutual Insurance Vintex Inc. Richard and Gale O'Brien Gerda Meyerink Germaine Mutual Insurance Leslie and Bill McTaggart Allan and Peggy Bell Dave and Patti Geikie Victor Henning Norman and Eleanor Kearns John and Ruby Martin **Dorothy Mead** Royal Bank of Canada

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Foundation Activities in 2015



Message From The President



Charmaine Owens, President, Durham and Community Health Care Foundation

Welcome to the Durham and Community Health Care Foundation. It is my pleasure to have been the Chair of the Board of Directors for the past year.

Durham Hospital is an integral part

of West Grey, Southgate and surrounding communities, providing high quality health care to residents and visitors. We are fortunate to have a great hospital with exceptional staff and physicians, made even stronger by the tremendous community support we receive.

The Board benefited from a Board Development Day in 2015, to further improve their understanding of the role and build on their skills as Directors. This will enhance their performance and strengthen the Board as a whole.

Thanks to you, the donor, the Foundation was able to provide \$98,998 to the Durham Hospital in 2015. The Foundation was fortunate to receive a bequest from the Chester Fee Estate, making a significant difference in the Foundation's ability to provide top quality health care for today and tomorrow.

I want to thank the generous donors who made it possible and the volunteer Board of Directors who put in many hours in 2015. I would also like to thank the dedicated and generous volunteers who worked as fundraisers, event planners, gardeners and clerical assistants. We simply could not get it done without you!

I look forward to working with the 2016 Board and helping to reach its goals in building a strong hospital in a healthy community.

Message From the President and CEO, SBGHC

SBGHC strives to provide the best health care possible at our Durham site. We have a wonderful and experienced Team at the Hospital who work hard every day to ensure patients are well looked after. We put a great deal of effort into advancing quality in every aspect of patient care. We also regularly innovate and bring new technology on board to ensure that our ability to support patients is second to none.

The Foundation has proven year after year that they are as passionate about health care as we at the Hospital are and we are grateful for their tireless efforts to fund our capital and equipment needs. Their support means that we can keep focusing on front-line care while they do the heavy lifting of raising local funds to keep the hospital modern and well equipped.

In the year ahead we will look forward to partnering with the Foundation to ensure we have a sustainable hospital and to connect with more and more community services to make sure we have a well-connected health system that puts patient care and the patient experience at the forefront of everything we do.



Paul Rosebush, CEO and President, South Bruce Grey Health Centre

Saving Lives—Lilah Eve Hopkins— A Delight and A Miracle

When Eric and Courtney Hopkins welcomed their new daughter, Lilah in April of 2013 they looked forward to enjoying the same experience they had had with Macie, their first daughter.

Just after Christmas that year, Courtney noticed that something was wrong. Lilah was pale and clammy and was having some difficulty breathing. A trip to the hospital pointed at the likelihood of croup and the family was relieved.

After 2 weeks, Lilah was no better and they rushed her to the Durham Hospital at 9 pm one cold night. Dr. Denyer did a thorough examination and ordered chest X-rays.

Those raised enough concern for a fast referral to Owen Sound Hospital, where they performed an echo-cardiogram. Lilah was found to have an enlarged heart that was

not allowing the lungs to function properly. She was air-lifted to London and diagnosed with Dilated Cardio-myopathy, a life-threatening and serious condition.

There was an equal chance that Lilah would recover on her own, need a heart transplant or would stabilize with medication. There was also a chance she would suffer a cardiac arrest. Eric and Courtney's world was badly rocked.

While a healthy heart operates at about 50-60 % efficiency, Lilah's was only functioning at 14%.

Even with bi-weekly trips to London, Lilah was not getting any better. Just after her 1st birthday, and weighing only 13 pounds, Lilah was once again air-lifted to London.

A specialist at Toronto's Sick Kids Hospital was consulted and she found an extra electrical pathway was causing an irregular heart rhythm. It was hoped that by closing this extra pathway, the heart would beat at a normal rhythm. After several attempts to close it surgically failed, Lilah was placed on the list for a heart transplant.

While waiting, a Berlin
Heart was put in place to
work beside her own, giving
Lilah's heart a chance to
rest. She learned to play,
eat and sleep with it. Life
became as normal as it
could be and her family
made sure she had lots of
visitors and love.

Then, doctors shared some exciting news. Against all odds, Lilah's heart was showing signs of improvement! Doctors wanted to try closing the extra pathway one more time. This time the surgery "took"! While waiting to gain strength so the Berlin Heart could be removed, Lilah suffered another serious set-back- a stroke. Blood clots continued



to be a danger and great care was taken to catch and remove these before they could cause more damage.

On June 14th, doctors removed the Berlin Pump and Lilah's heart began to work on its own. Lilah was only their second patient who had ever had a pump successfully removed! After several weeks of recovery at Ronald MacDonald House, Lilah was finally sent home on July 17th, 2014.

Today, Lilah's heart is functioning better than most adults, she has gained weight and learned to walk.

Love can truly work miracles!

Your Foundation— An Investment for Life. An Investment For the Future.

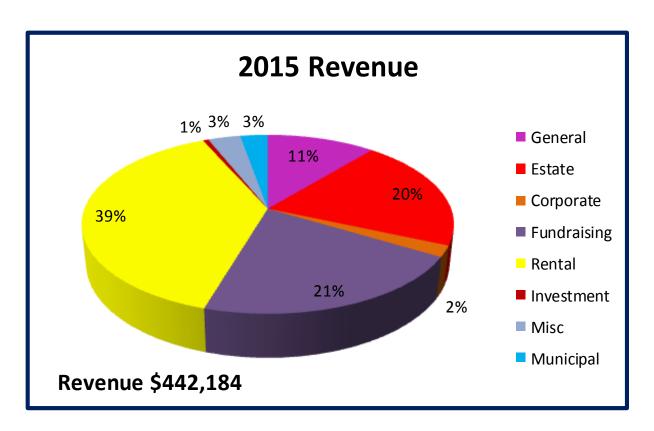
The Foundation is the philanthropic arm of the Durham Hospital. A Board of Directors, made up of community members is responsible for policies, fund development, governance, financial management and advocacy. Generous support from the community, patients, staff and donors allow the Foundation to support the hospital with your money in enhancing patient care and quality of life and in building a healthy community.

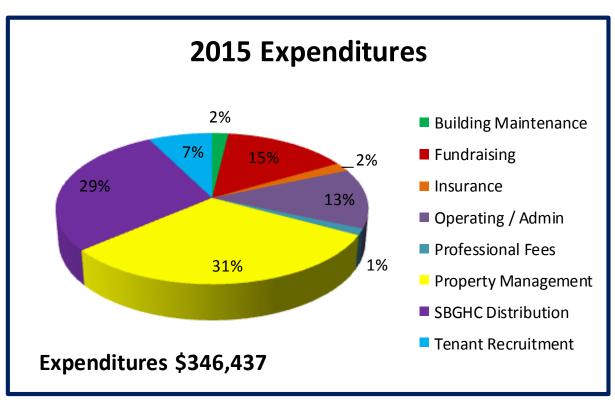
Gifts can be one-time or ongoing; they can be made in the memory of someone or made in a Will; gifts of life insurance or property are a long -term investment that benefit the donor and the Foundation. For information on creating a Legacy Gift, please call the Foundation Office



Creating a Legacy Gift

Transparent and Accountable





FINANCIAL POSITION 2015

		2015 \$	2014 \$
As at December 31, 2015			
	<u>Assets</u>		
Current Assets			
Cash		64,664.00	59,314.00
Investments		102,036.00	100,264.00
Other		9,510.00	9,145.00
		176,210.00	168,723.00
Endowed Investments		170,189.00	154,679.00
Capital		2,477,045.00	2,575,664.00
		2,823,444.00	2,899,066.00
	<u>Liabilities</u>		
Current Liabilities			
Accounts Payable		8,413.00	6,901.00
Current Long Term Debt		66,897.00	58,335.00
Funds held in Trust			753.00
		75,310.00	65,989.00
Long Term Debt		220,664.00	300,954.00
Deferred Revenue		116,637.00	124,040.00
Deferred Capital Donations		158,615.00	165,223.00
Deferred Capital Grant		769,932.00	802,013.00
Deferred Endowment Revenue		1,939.00	3,720.00
		1,343,097.00	1,461,939.00
	Net Assets		
Unrestricted Net Assets		50,810.00	36,888.00
Investments in Capital Assets		1,260,937.00	1,249,139.00
Endowed Net Assets		168,600.00	151,100.00
		1,480,347.00	1,437,127.00
		2,823,444.00	2,899,066.00

Your Generous Support Bought New Equipment for the Durham Hospital



Blood Bank Sample Processing System

Your gifts provided a Blood Bank Sample Processing system for the Durham Hospital to be used by the emergency department, lab and hospital. This essential piece of equipment is used to determine the level and kind of antibodies in patients, before receiving a blood transfusion. This information is critical and can save lives.

Should a cancer patient with varying levels of antibodies not be screened, they could suffer from a serious health crisis such as a heart attack!

The test also helps determine which blood type they need- this may result in an important 12 hour delay while waiting for the "right" blood to be delivered. Screening for antibodies while pregnant enhances safe pregnancy and delivery. This simple-looking machine can and does save lives, regularly.

2075 ultrasound tests are performed each year at the Durham Hospital and are an important diagnosis and monitoring tool.

It is very important that this equipment be sanitary for each use to ensure patient health and disease control. Staff have been hand-washing their tools using quite harsh chemicals for quite awhile and are thrilled with this new technology. A sterile tool for patients with no risk for staff!

This new system is environmentally-friendly; disinfection takes place in a closed system that eliminates risk of staff exposure to chemicals. It is proven effective against many serious viruses. It is fast, effective, convenient and can be completed in a few minutes and a few steps.



Ultrasound Probe
Disinfection System



Infusion Pump in use

Infusion pumps are used to deliver intravenous medication to patients and are an essential piece of equipment in providing acute patient care.

The IV pumps at the Durham Hospital had reached the end of their useful life and could not be repaired since parts were no longer available. Durham Hospital nursing staff and physicians were thrilled to receive seven new PLUM 360 Infusion Systems or Intravenous Pumps.

These pumps have new features that limit risk of contamination and exposure to hazardous medications. They provide a second line so two medications can be delivered at independent rates. They will be able to integrate with future electronic medical records and drug library.

These pumps deliver fluids and medication safely, quietly and reliably, improving patient care and quality of life.

What Will Your Legacy Be? Leave A Gift Of Health And Save Lives.

Most people require some kind of assistance. Perhaps you or a family member needed help from a church or food bank. Maybe you received a scholarship to attend college. You or a loved one may have received compassionate care in the hospital during an illness or injury.

Charitable organizations need financial assistance from people like you to continue their work. Did you know that more than eighty percent of Canadians contribute to charities throughout their lifetimes?

But, only around eight percent of

people chose to continue this support through a charitable bequest!

What better way to thank the organizations that have had an impact on your life than by making a bequest or gift in your estate?

You can support local health care with a gift in your Will to the Durham Hospital. No matter if your estate is small, large or somewhere in between, by making a bequest you can continue supporting the hospital that made such a difference in your life.



A bequest doesn't need to take away from family, there are ways to make a gift that benefit everyone you care about. Learn how you can make this most generous gift. Call or drop in to the office.

Finance Committee Report

The Finance Committee's prime focus in 2015 was to maintain the Foundation's financial health, given the increased activity in Doctor Recruitment and the economic climate in the latter half of 2015.

Despite these challenges, the Foundation continued to meet its financial obligations, which are:

- Provide capital funding support to South Bruce Grey Health Centre -Durham Hospital Site;
- Support Doctor Recruitment to replace the doctors who retired or moved to new roles;
- Manage the Foundation's

- Endowment Fund, to ensure funds are available to meet future health care needs;
- Provide the appropriate work area to the Foundation's tenants in the Durham Medical Clinic through funding solely derived from Clinic revenues.

In the fourth quarter of 2015, the Finance Committee undertook an initiative to review the Clinic's mortgage.

The Committee evaluated opportunities to maximize the effectiveness of mortgage payments while minimizing the cost

of the mortgage. The result of this review is new financing, effective January 2016. The new financing is at a fifty percent reduction in the interest rate and term reduction of 1 year. These benefits will be realized in 2016 and over the next three years.

It remains a goal of the
Foundation to pay off the
Clinic debt as soon as
possible, providing more funds
for the Hospital and its future
and to further the Mission of
the Foundation.

Development Committee Report



The Development Committee's role is to raise sufficient funds to meet the immediate and long-

term needs of the hospital. Directors, committee members and volunteers raise funds through several initiatives, interact with and steward relationships with donors, provide support to community members with their own fundraising events and act as ambassadors for the Foundation.

In 2015, financial support was received from two bequests, special events, including the Escape With Us Gala, Radiothon, Spin-a-Thon, Bonspiel for Health, the Spring and Christmas mail campaigns and the newsletters.

Support was also received from corporations, foundations, service clubs and generous donors. Your contributions allowed the Foundation to direct \$98,998 to the hospital for several pieces of new equipment. Additional funds were directed to investments for future healthcare needs.

Tenant Recruitment

Over the past two years, several Durham doctors have retired or left their practices. Dr. Denyer and Dr. Chung retired after many years of providing excellent care to many area patients and Dr. Lakhani is pursuing another form of medicine. We are fortunate to have had two new doctors join the Clinic—Dr. Rai and Dr. Singh. This leaves a gap of one doctor, which regretfully leaves many patients without a physician.

The Foundation is working with the Clinic doctors to recruit a new doctor as well as draw Medical Residents and Locums—future potential doctors to the area. Directors are attending Doctor Recruitment Fairs, following up with interested parties and hosting visiting doctors. New healthcare tenants are being sought for the Clinic as well.



Property Management Committee Report



The Committee is responsible for managing all aspects of the Durham Medical Clinic.

Rental income from the Doctors, Brockton Family Health Team and SBGHC covers the mortgage, maintenance, utilities, plumbing, appearance and security. The Foundation uses no fundraised income towards Clinic expenses. As the Clinic ages, Directors have been careful to set aside a Reserve for future large repairs. Stable and even heating throughout the Clinic remains an issue the Committee is working on, to keep patients and staff comfortable.

In 2015, as new doctors joined the Durham Family Health Team, the Foundation painted their offices and provided some financial incentives towards purchasing new office equipment and relocation costs.